

How to... clean a showerhead

You've installed a new showerhead. It works perfectly for a few months, then you notice that the spray is uneven and, no matter how you adjust the pressure, you've still got the same problem.

Here are a couple of reasons why your showerhead is not functioning properly:

Mineral build up (limescale)

If you are in a hard water area, the holes in your showerhead become clogged up due to the mineral deposits in the hard water.

Dirt build up

All equipment over time will need to be cleaned to ensure all working parts move freely and the tiny holes are free from dirt.



Commercial showerhead cleaners



Most commercial showerhead cleaners are acid-based, to descale and sanitise showerheads.



Health and safety with commercial showerhead cleaners is important - you must strictly follow the manufacturer's instructions due to the chemical makeup of the product.

If you don't use the product correctly, you can seriously damage your health plus damage the surrounding area.

A cheaper solution is to use everyday household items like baking soda, white vinegar and plastic bags.

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A removable showerhead

- Remove the showerhead from the shower hose ensuring that you keep the rubber washer in a safe place for refitting.
- 2 Select a plastic container that is large enough for three cups of white vinegar and one cup of baking soda. This container should also be tall enough to submerge the showerhead completely.
- Find an old toothbrush or similar brush to remove the loose limescale from the showerhead before doing the following step.

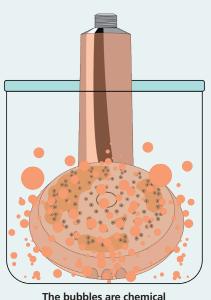




3 cups



1 cup



The bubbles are chemical reaction between the baking soda and white vinegar

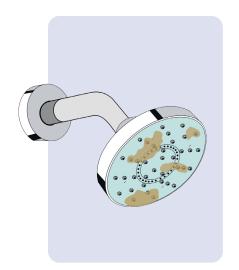
- Place the showerhead into the container ensuring that the head is completely covered with solution.
- 5 You will notice a chemical reaction between the baking soda and the white vinegar will start to bubble.
- 6 Leave the showerhead in the solution for at least an hour to remove the limescale. For a deeper clean leave overnight.
- When enough time has passed, remove the showerhead, scrub any remaining limescale with a clean, soft sponge, then rinse with warm water allowing the water to flow through the nozzles.
- 8 Make sure all the excess vinegar is rinsed off before cleaning with a soft cloth.
- Re-connect the showerhead to the shower hose, making sure you have inserted the rubber washer. Allow the shower to run for several minutes to make sure all vinegar solution has been removed from inside the showerhead.

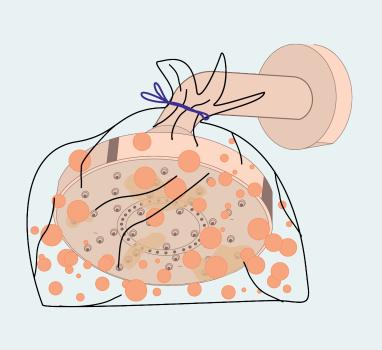


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A fixed showerhead

- If you have a showerhead that is fixed and cannot be removed for cleaning, you can still use the previous cleaning solution to remove dirt and mineral build up.
- 2 Find a plastic bag big enough to cover the showerhead, and free from any holes, that can also support the weight of the vinegar solution.





- Find an old toothbrush, or similar brush, to remove the loose limescale from the showerhead before doing the following step.
- 4 Mix the solution (following step 2 in previous instructions) and place the solution into the plastic bag. Lift the bag carefully up to the showerhead, making sure that you have enough plastic above the showerhead to tie the bag.

- Tie the bag with a piece of string to ensure a tight seal. Leave the showerhead in the solution for at least an hour to remove the limescale. For a deeper clean leave overnight.
- When enough time has passed, remove the bag carefully, then scrub any remaining limescale with a clean, soft sponge.
- Run the shower with hot water for several minutes until you no longer smell the vinegar.

