



HELP AT HOME

We can help with all kinds of **practical**
and **emotional support** in your home

- ♥ Cleaning, ironing, shopping and other household tasks
- ♥ Assistance getting you to and from appointments
- ♥ Safety and wellbeing visits
- ♥ A break for carers
- ♥ Support for people living with dementia
- ♥ All staff are DBS checked, trained, caring and reliable

Contact us
for a
QUOTE

GET IN TOUCH TODAY!

To arrange a free no obligation home assessment,
call us on **01922 638825** or email us at
h&iservices@greensquareaccord.co.uk



Follow us on Facebook: **@HealthandIndependence**



Health and Independence Services

Community Engagement Centre
Ford Street
Walsall
WS2 9BW

Telephone: 01922 638825

Email: h&iservices@greensquareaccord.co.uk

Website: www.greensquareaccord.co.uk

Facebook: www.facebook.com/HealthandIndependence

Opening Times:

Monday to Thursday 9am - 5pm

Friday 9am - 4.30pm



Are you worried about your MEMORY?

Our support worker can provide free specialist support for people with memory problems or dementia, their carers and family members in a language that suits them best.

GET IN TOUCH TODAY!

Call us for an informal chat on 07788385446
01922638825

Email
H&Iservices@greensquareaccord.co.uk

Follow us on Facebook: @HealthandIndependence
Follow us on Twitter: @Healthindepend
Greensquareaccord.co.uk/hais

Volunteer with us

Help people and change
lives with our Health and
Independence Services



ALL OUR VOLUNTEERS RECEIVE FULL TRAINING AND PAID EXPENSES

- Reduce social isolation
- Make new friends
- Gain new skills
- Improve your CV

ROLES INCLUDE:

- Administration
- Telephone friendship and support
- Hospital dementia patient visitor
- Plus many more



**If you can spare an hour a week to spend
time with someone, please contact:**

 **01922 638825**

 **H&Iservices@greensquareaccord.co.uk**

 **Greensquareaccord.co.uk/hais**

Direct Payments Support Service

Our Services: We are a Direct Payment Support Service who can offer extensive support and advice on receiving and managing your Direct Payment.

We offer managed accounts and payroll services for Direct Payments and Personal Health Budgets

We offer 3 levels of support depending on your needs.

LEVEL ONE SUPPORT – for individuals who wish to manage their own Direct Payments account and receive domiciliary care or attend a day centre. We offer advice on managing your own bank account, support with your individual care budget, liaising with organisations involved in your care and the auditing and monitoring of your bank account.

LEVEL TWO SUPPORT – for individuals who receive support from a Personal Assistant and which to manage their own Direct Payments account. We offer advice on managing your own bank account, employing a personal assistant, completing payroll on your behalf, advice on how your budget can be spent, the monitoring and auditing of your bank account, liaising with organisations involved in your care, obtaining a DBS check on employment/insurance, advice around the employer/employee legislation and the auditing and monitoring of your bank account.

LEVEL THREE SUPPORT – for individuals who wish to have their individual budget managed by their Direct Payment Support Agency and receive domiciliary care or attend a day centre. We offer advice on your individual budget will

be spent, the monitoring and auditing of your bank account, liaising with organisations involved in your care, sourcing care agencies and how to make contributions towards your care.

PERSONAL HEALTH BUDGETS – We also provide support for individuals who receive funding for their care through a Personal Health Budget. We can offer levels 1, 2, 3 and 4 support. Level 4 support is for individuals who employ personal assistants and wish for their account to be managed by their DPO. For more information on PHB's contact the office.

Please send referrals for Direct Payments Support to:

directpayments@greensquareaccord.co.uk

Or if you wish to discuss the service further call –

Freya – 07710 487289

Chloe – 07580 977890

Office – 01922 638825

GREENSQUARE ACCORD

Health & Independence Service
The Community Engagement Centre
Ford Street
Walsall
WS2 9BW

Phone: 01922 638825

Email:

freya.belgian@greensquareaccord.co.uk

chloe.smith@greensquareaccord.co.uk

H&Iservices@greensquareaccord.co.uk

Dementia Support Service Walsall Manor Hospital

Our **Dementia Support Workers** can support with:

- ✓ Improving person-centred dementia care and avoiding hospital admissions where possible
- ✓ Promoting dementia awareness and working alongside NHS staff
- ✓ Supporting and advocating for patients, relatives and carers on all Wards, in Outpatients, and during Emergency Care
- ✓ Offering reassurance and comfort to patients
- ✓ Providing stimulation for patients; for example, doll therapy, Twiddle Muffs, puzzles, art resources, reading materials, music therapy etc.
- ✓ Guidance about how dementia may present and approaches for behaviour that may challenge
- ✓ Referring and/or signposting to other hospital and community services

Would a patient on your Ward benefit from our support?

Are you a patient, relative, friend or carer, who would like additional support during your hospital visit or stay?

You can call or email us to make a referral, for yourself or someone else.

Contact us Monday – Friday 8.30am – 4.30pm
on **01922 721172** ext. 7408

dsw.manor@greensquareaccord.co.uk

Personal Assistants in Dementia (PADs)

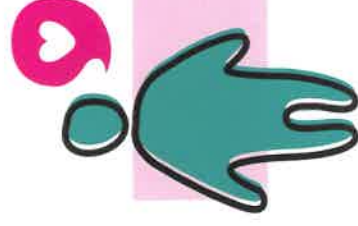
Our Personal Assistants in Dementia (PADs) provide support to people who are concerned about their memory, have received a diagnosis of dementia, those with working-age dementia, and those who are awaiting a formal diagnosis.

What do the PADs do?

PADs provide a range of post-diagnosis support to help those who are newly diagnosed with dementia. They also help their families and/or carer feel well informed and supported.

They do this by:

- ◆ Working with family members and carers to improve their knowledge and understanding of dementia and the support available to them within their community
- ◆ Working with the Memory Assessment Team and Dementia nurses
- ◆ Sharing dementia best practice
- ◆ Developing local links with key groups/organisations



DEMENTIA CARERS TOGETHER

Carers Supporting each other, Sharing experiences

Join us on the first Tuesday of every month:

- Meet other carers
- Share experiences and advice
- Get useful information
- Enjoy activities and chat

Dementia Carers Course

Gain the skills and knowledge to care for your loved ones with confidence. Contact us for more information.

Location: **Community Engagement Centre, Ford Street, Walsall, WS2 9BW**

Time: **10am - 12pm**

GET IN TOUCH TODAY!

Community Engagement Centre

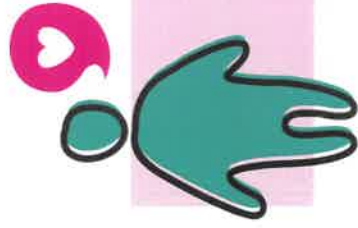
01922 638825

Greensquareaccord.co.uk/hais



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Follow us on Twitter: [@HealthIndepend](https://twitter.com/HealthIndepend)



DEMENTIA CARERS SUPPORT (INFORMAL CARERS)

Are you caring for someone living with dementia in Walsall? We can provide information and advice on caring for someone living with dementia.

The course covers:

- ◆ Dementia and looking after yourself
- ◆ Nutrition and infections impact for those with dementia
- ◆ Understanding dementia-related behaviours
- ◆ Planning for the future, advances dementia and end of life planning

GET IN TOUCH TODAY!

**We're running courses monthly
Book your place or find out more.**

Contact our team on 01922 638 825 or 07788 385 447

email - HSIservices@greensquareaccord.co.uk

Building better lives

We can talk to you about:

- ◆ Diagnosis in an accessible way
- ◆ Care
- ◆ Decision-making and planning for the future
- ◆ Welfare rights and benefits
- ◆ Driving
- ◆ Coping with a crisis
- ◆ Important contacts
- ◆ Local support groups
- ◆ Assistive technology
- ◆ Aids and adaptations
- ◆ Diet and nutrition
- ◆ Getting out and social contact
- ◆ Physical activity/exercise
- ◆ Other health conditions
- ◆ Practical support to cope with day-to-day issues



A safe, relaxed and supportive place for you to discuss your own dementia diagnosis, or someone else's, get advice and meet other people in a similar situation



Follow us on Facebook: @HealthandIndependence
Follow us on Twitter: @HealthIndepend

Dates for 2025	Speakers of Other Languages Engagement Centre Ford Street Pleck WS2 9BW 1 st Thurs 2pm - 4pm	Community Engagement Centre Ford Street Pleck WS2 9BW 1 st Fri 2pm - 4pm	Brownhills Knives Court High Street Brownhills WS8 6DJ 2 nd Thur 2pm - 4pm
January	2 nd Jan	3 rd Jan	9 th Jan
February	6 th Feb	7 th Feb	13 th Feb
March	6 th Mar	7 th Mar	13 th Mar
April	3 rd April	4 th April	10 th April
May	1 st May	2 nd May	8 th May
June	5 th June	6 th June	12 th June
July	3 rd July	4 th July	10 th July
August	7 th Aug	8 th Aug	14 th Aug
September	4 th Sep	5 th Sep	11 th Sep
October	2 nd Oct	3 rd Oct	9 th Oct
November	6 th Nov	7 th Nov	13 th Nov
December	4 th Dec	5 th Dec	11 th Dec

Aldridge Community Centre Middlemore Lane WS9 8AN 3 rd Mon 10.30am - 12.30pm	Young Onset Dementia Group (Under 65's) Community Engagement Centre Ford Street WS2 8BW 3 rd Thurs 2pm - 4pm	Bloxwich Cartwright House Sandbank Bloxwich WS3 2HD 3 rd Fri 2pm - 4pm	Aldridge Community Centre Middlemore Lane WS9 8AN 4 th Thurs 2pm - 4pm
20 th Jan	16 th Jan		23 rd Jan
17 th Feb	20 th Feb		27 th Feb
17 th Mar	20 th Mar	21 st Mar	27 th Mar
Easter Monday Closed	17 th April	Good Friday Closed	24 th April
19 th May	15 th May	16 th May	22 nd May
16 th June	19 th June	20 th June	26 th June
21 st July	17 th July	18 th July	25 th July
18 th Aug	21 st Aug	22 nd Aug	28 th Aug
15 th Sep	18 th Sep	19 th Sep	25 th Sep
20 th Oct	16 th Oct	17 th Oct	23 rd Oct
17 th Nov	20 th Nov	21 st Nov	27 th Nov
15 th Dec	18 th Dec	19 th Dec	Christmas Day Closed

Weekly Café every Wednesday 2pm - 4pm

Community Engagement Centre, Ford Street, Walsall WS2 9BW

For more information call 01922 638825
or email dementia.cafes@greensquareaccord.co.uk